







Isolated. Social distanced. Miserable.

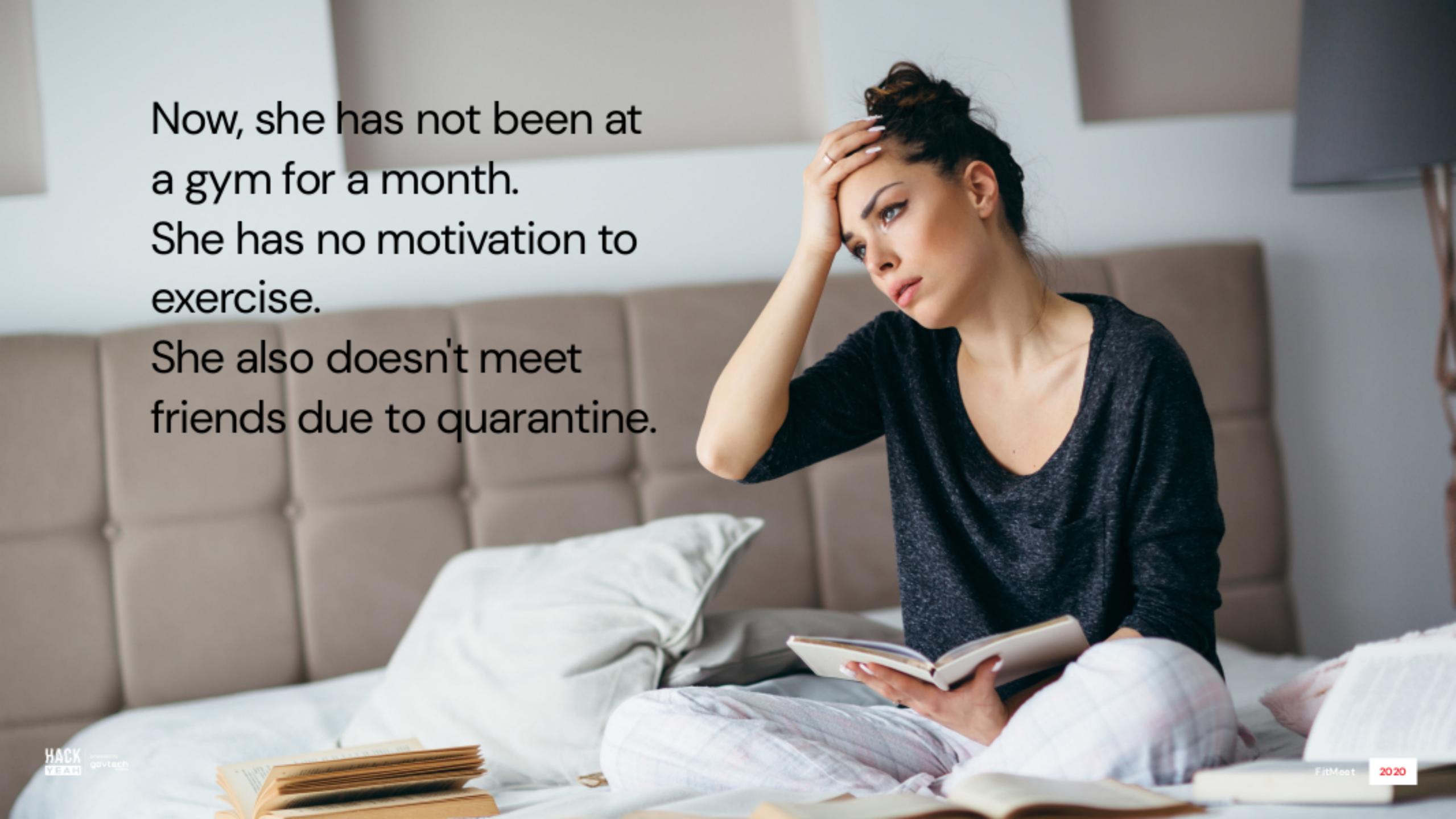


Let's meet

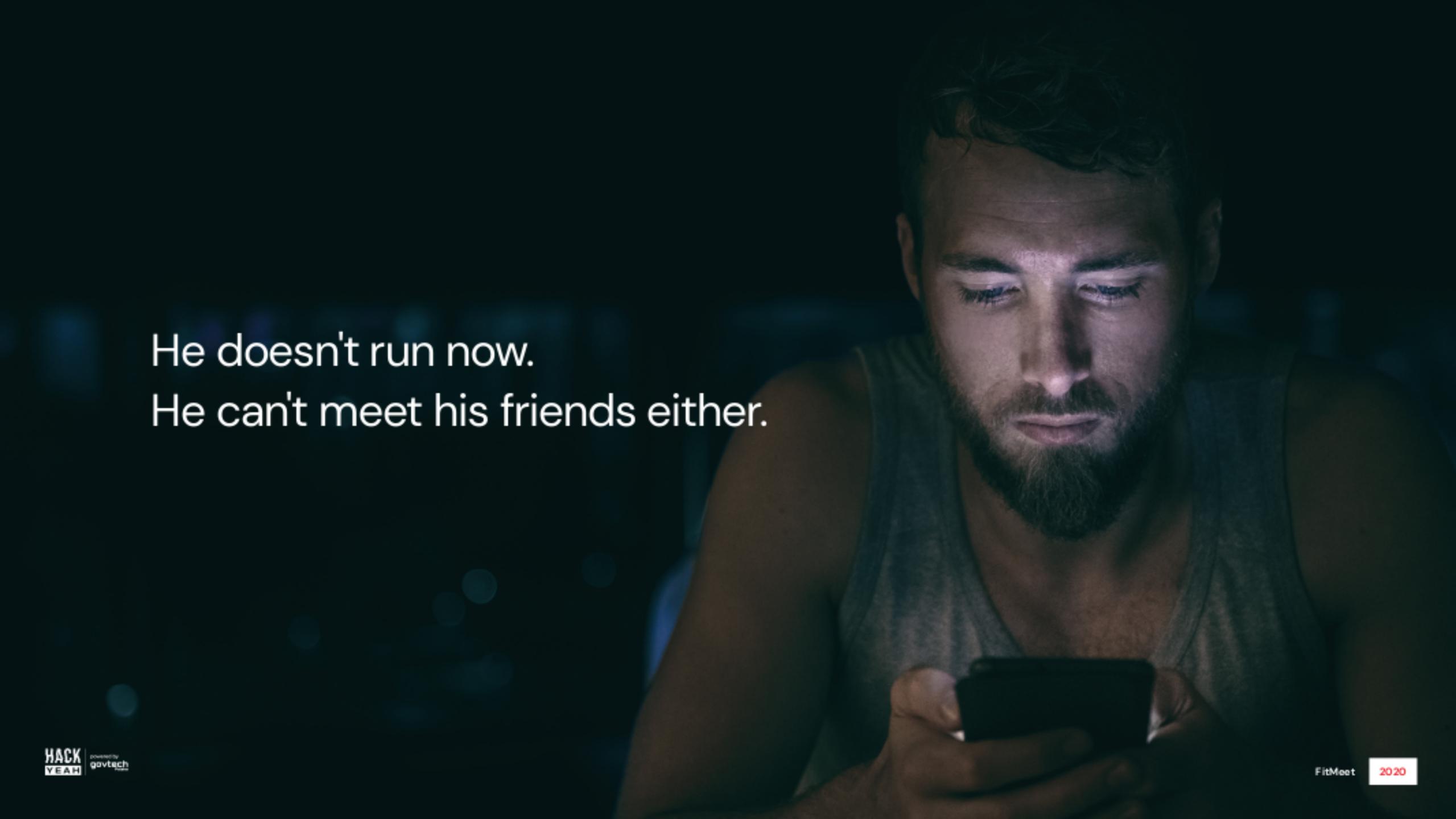
Magda

She is 24 years old.
Before pandemic, she would go
to the gym with her friends 3
times a week.









Virus and social distancing gave away their passion: sport and people.



How can we stop social isolation and depression?



Sport

More exercises - more relax, calmness and gratitude

Friendships

More conversations - more love and happiness

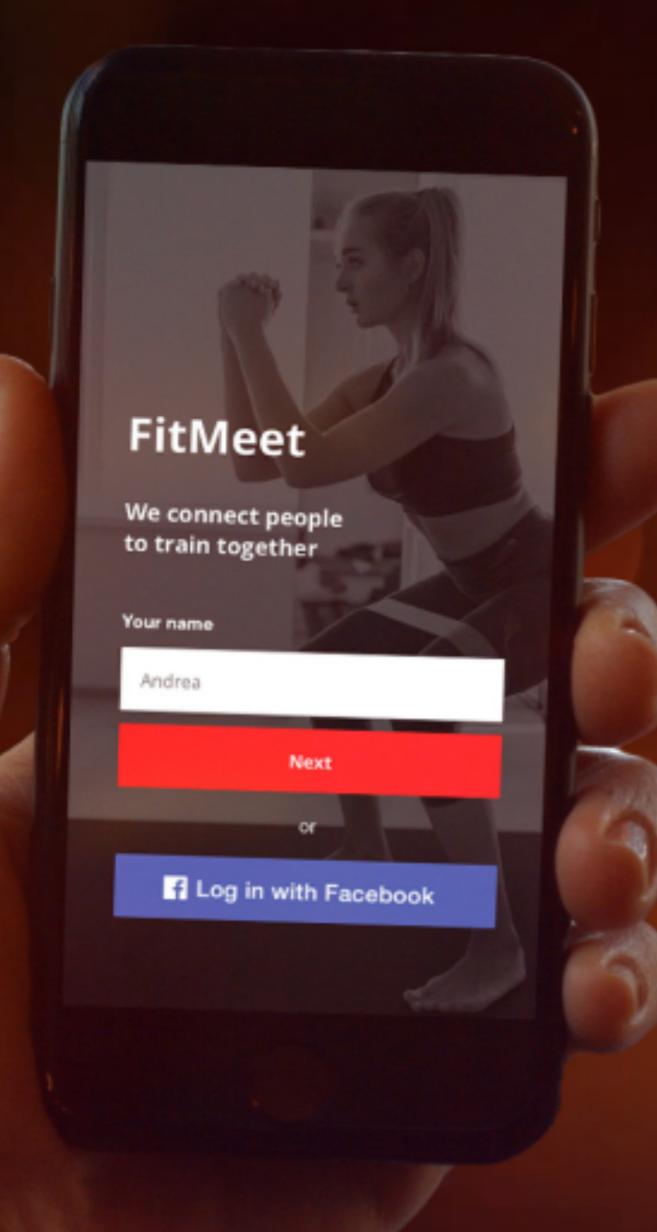
We want to combine these two things - movement and community to fight the social distancing.



Let's bring them their passions back!

Together. Social gathering. Happy.





Through the dedicated application people will be able to exercise together, see each other, be together!

How does it work?

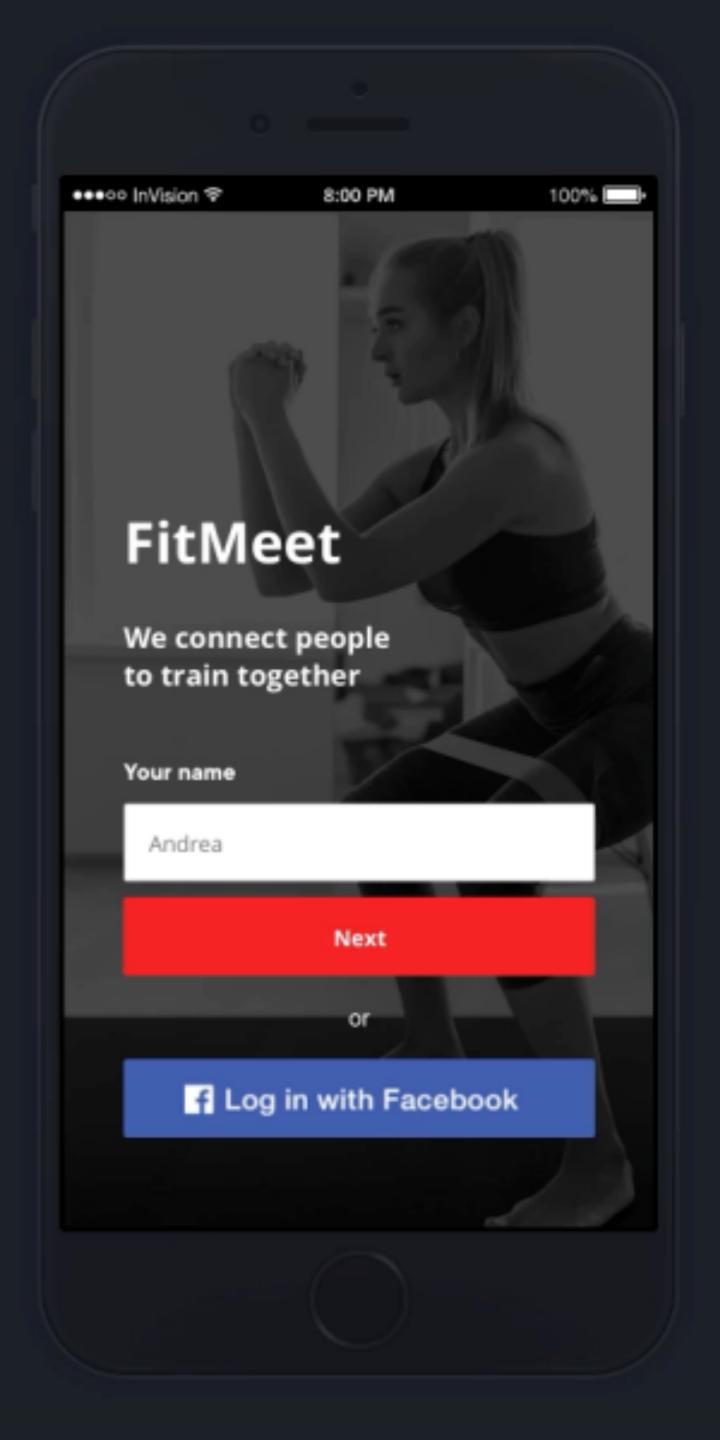


- 1. You set up an account
- 2. You invite friends
- 3. You set the time
- 4. You practice together
- 5. You get rewards

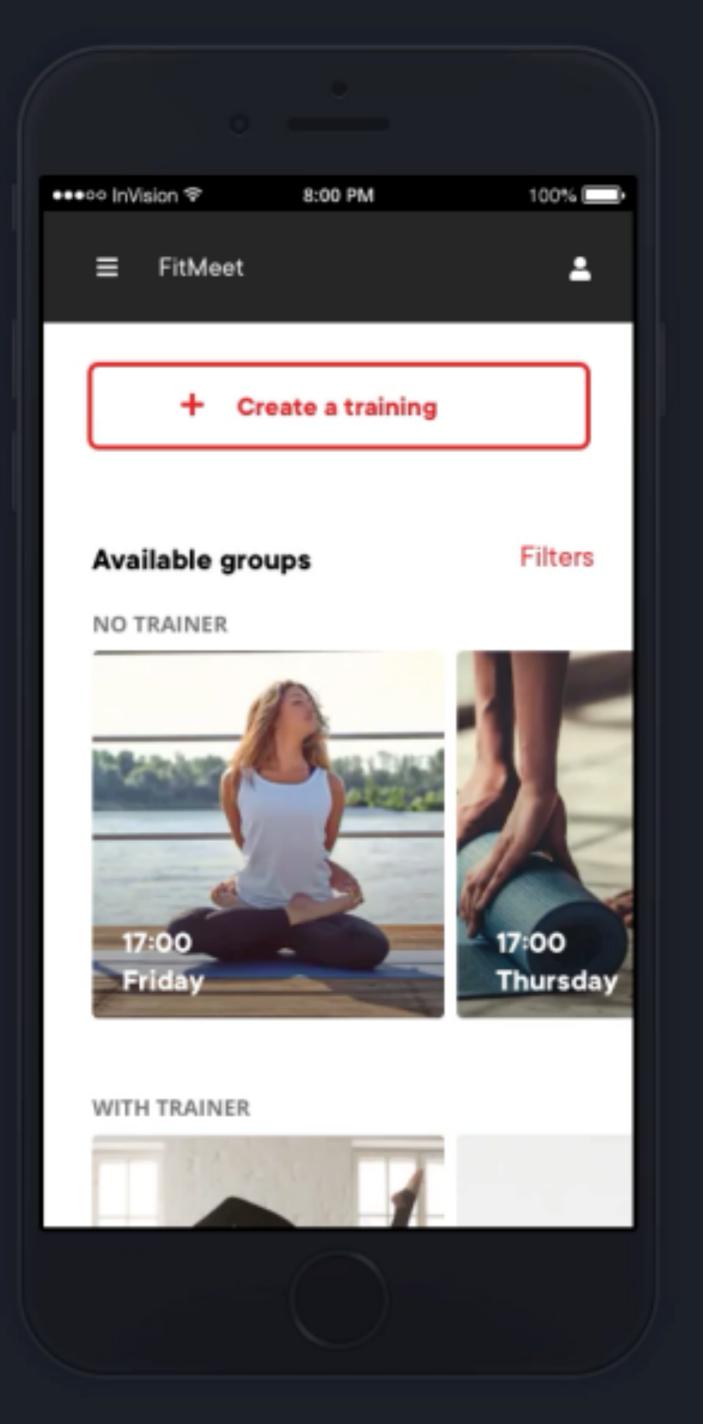




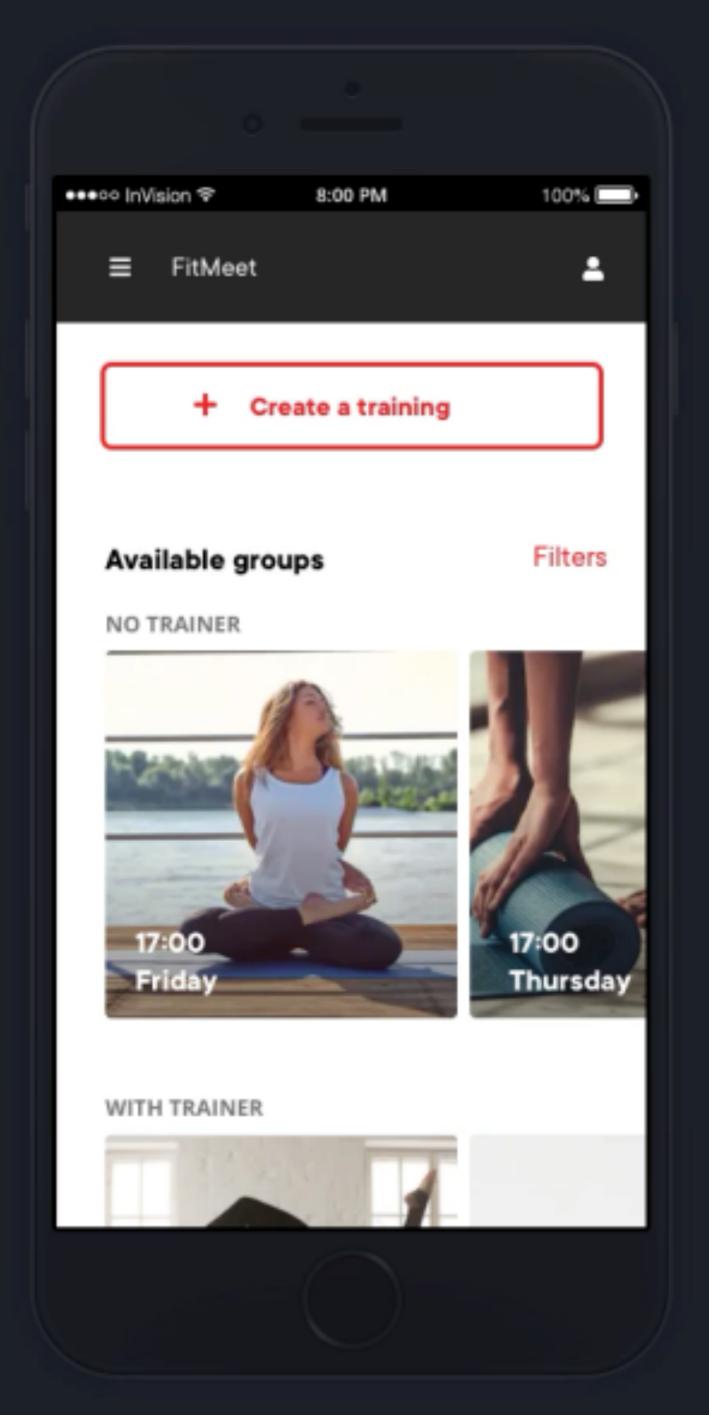
Log in and set your preferences



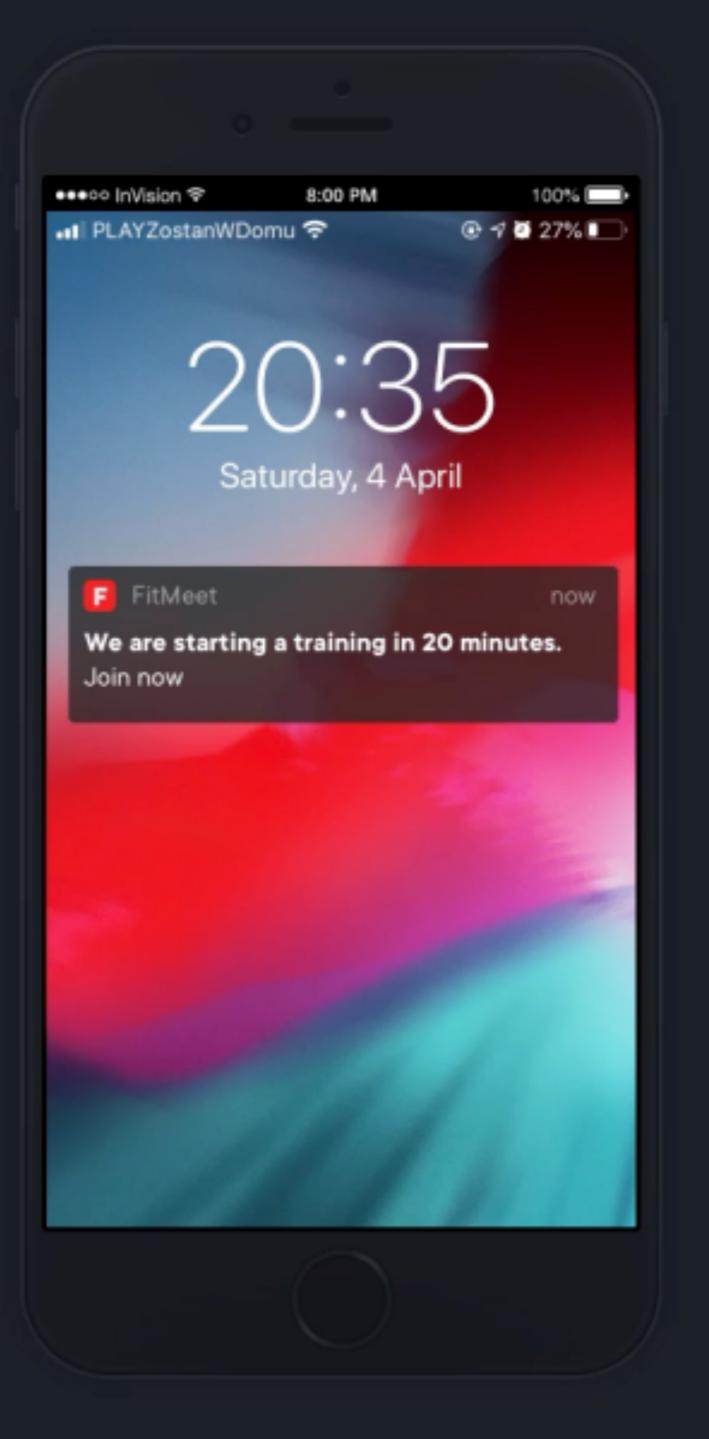
Create on-line trainings and invite friends

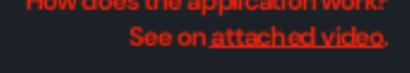


Sign in to public trainings and get push up alerts about upcoming trainings

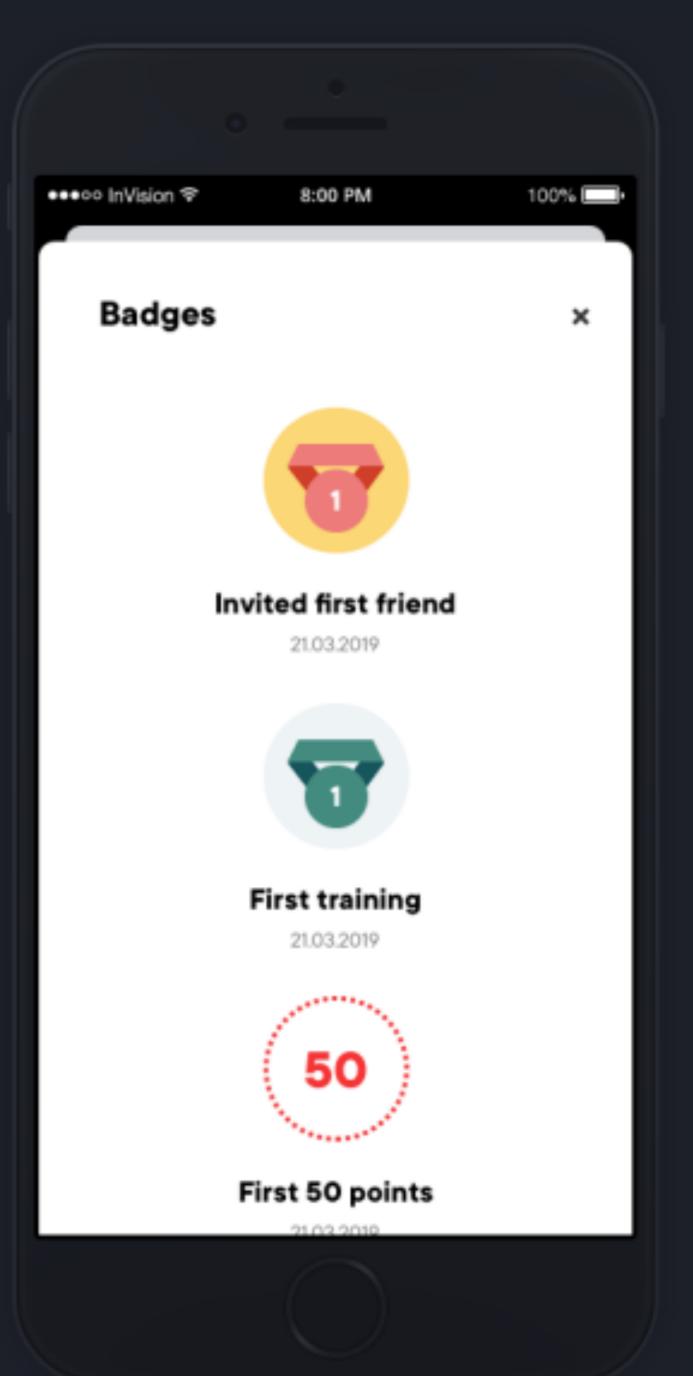


Turn on your camera and train with friends!

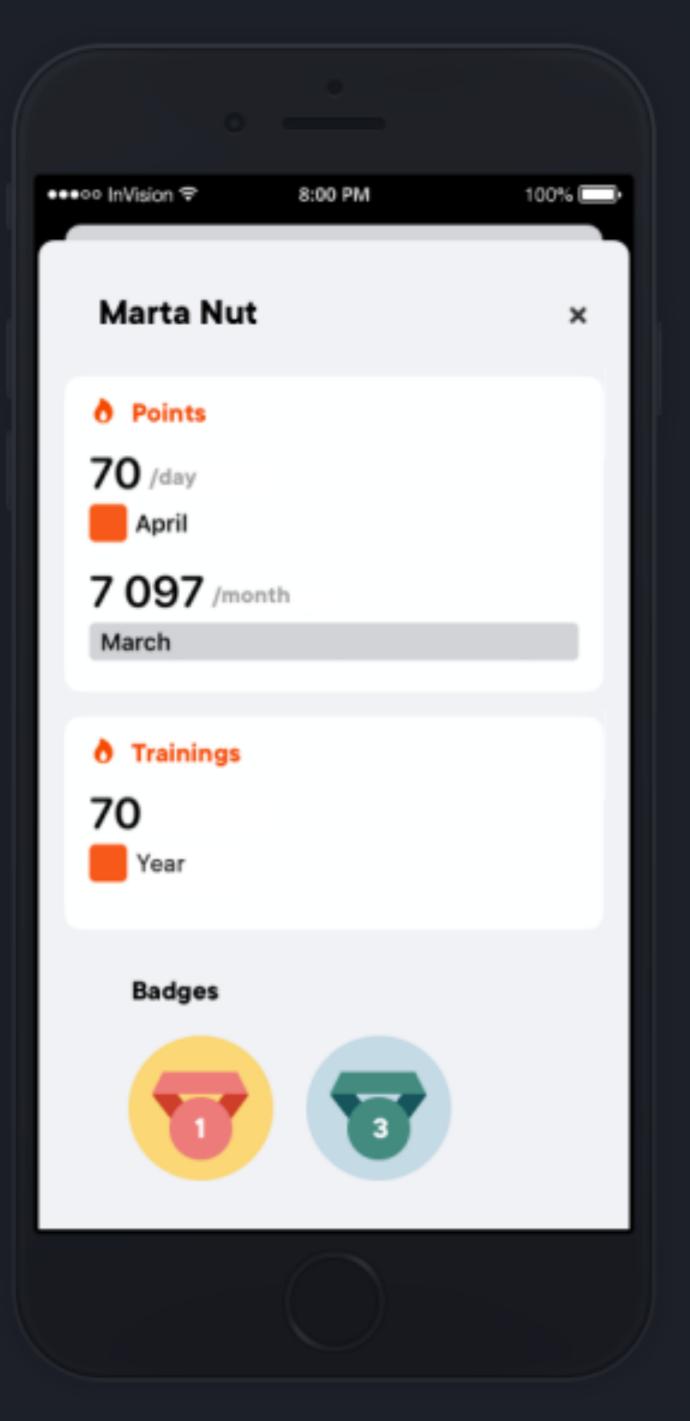




We use **gamification** to keep participants motivated. Badges and skills will help to stay focus in the fight against the #coronaStress monster What is their progress



People can see:
how much they trained
How much did their
friends train
What is their progress



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Voice and image

= if (page != 0) {



html = html + "<a href="#" onclick="page=0; updatePages(); updateP





Stores only nicks, scores, badges, uuid and calendars and groups

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var

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Results?

What will we achieve?

We fight the isolation
People have better mood and are healthy!

Thank you! Authors: Joanna Burdek Jaro Burdek Konrad Debski Krzysztof Piskorz Tomasz Piskorz Arkadiusz Sołdon